

Learning & Training Highlights #tldr

Post-Doctoral Fellowship Program at AMANI Clinical Services

Summer 2025 -
Summer 2026



Amani Clinical Services
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A Dr. Hastings & Associates, LLC Company

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Personalized & Supportive Supervision Focused on Developmental Progression

- Focused on facilitating the developmental progression of the Fellow
- Sequential and planned training sequence
- Focus on apprenticeship and mentorship
- High ratio of supervisors to supervisees
- Supervisor Team comprised of supervisors that strongly identify as supervisors
- Supportive, skills based, and process-oriented
- Dialectical balance of warmth/support and challenge
- You will learn how to write well for several audiences
- You will learn how to code services for insurance billing
- You will be developed as a supervisor and receive specialized didactics

Learning Structure

- 2 hours per week: individual clinical supervision
- 2 hours per week: group supervision (assessment & therapy)
- 1 hour per week: didactic trainings
- Testing & Writing lab
- Quarterly consultation with psychiatrist

In-Depth Learning & Training in Several Evidence Based Theoretical Orientations Throughout the Lifespan

- Pediatrics & Systems Theories: Integrative Systemic Therapy; Parent Management Training; Structural Family Therapy; Play Therapy; Parent-Child Interaction Therapy; Emotionally Focused Family Therapy; Emotionally Focused Couples Therapy; Gottman
- Acceptance Commitment Therapy
- Cognitive Behavioral Therapy
- Exposure Response Prevention Therapy
- Narrative Exposure Therapy & Narrative Therapy

In-Depth Learning & Training in Clinical Specialties Throughout the Lifespan

- Pediatrics, Families, and Dyads
- Addictions
- Health Psychology
- Addictions
- Families formed through adoption, adoptees, and adoption triad
- Reproductive Psychology
- Complex trauma throughout the lifespan
- Couples

In-Depth Learning & Training in Neuropsychological Assessment Throughout the Lifespan

- Focus on Differential Diagnosis, Conceptualization, and Treatment Planning
- Children 3+
- Adolescents
- Adult:
- Geriatrics: comprehensive assessment of age-related cognitive decline vs. neurocognitive disorders
- Emphasis on structured, coded observation skills

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Support of the Whole Person

- We love Entrée Kitchen! Entrée Kitchen provides different meal options each month that are either ready to cook right away or require minimal assembly and are affordable.
 - They have options for all different kinds of dietary needs. Dr. Hastings & Mr. Hastings feel like Entrée Kitchen meals make their lives possible.
 - We offer free delivery to the office once a month for all staff and students. You order direct through Entrée Kitchen, it's delivered to our home (the office is outside of delivery zone), and we will leave your food in the office freezer for you and Entrée Kitchen will bill us for the delivery fee!

Support for Learning & Training:

- AMANI will sponsor conference fees for the Fellow to attend the Illinois Association of Marriage and Family Therapy Association Conference.
- AMANI will sponsor conference fees for the Fellow for any other conference they wish to attend if the trainee has an accepted poster or presentation that they have personally authored. The Director of Training has extensive experience in presenting and has been published and will provide additional supervision to support the Fellow in this process.
- \$500 Training Stipend

Support for Learning: Internationally Focused Opportunities

- AMANI will sponsor conference fees for the Fellow to attend the International Family Therapy Association conference if the Fellow chooses to travel for the conference (cost of travel is student responsibility).

Learning Through Cultural Immersion and Travel Abroad

- You may choose to accrue 2 weeks of hours July 16-30, 2026 in *Tanzania!*
 - A large portion of the trip will be sponsored by AMANI (See separate handout for more information).
 - You'll support the IOP Center through various volunteer projects while receiving daily group supervision and didactics.
 - Opportunities to experience:
 - Tanzanian culture
 - Mental health and human services professions in Tanzania
 - The Ilula Orphan Program, subprograms, schools, and farms
 - Safari at Ruaha National Park
 - Maasai Tribe cultural visit
 - Visit to Isimila Stone Age Site
 - Extensive learning about trauma, institutional settings, and child development

